1:Gurdon E-4, 5 (no date) 1907 AR? Khasi AR?

considering. Some of the leading characteristics of the Lyngams will now be detailed. The Lyngams are by complexion swarthy, with features of Mongolian type. The men are of middle height and the women remarkably short, both sexes being not nearly so robust as the Khasis, a result due probably to climatic influences, for the Lyngams live in fever-haunted jungles. The men have very little hair about the face, although a scanty moustache is sometimes seen, the hairs in the centre being carefully plucked out, the result being two tufts on either side. Beards are never seen. The women are ill-favoured, and wear very little clothing. The men wear the sleeveless coat of the Khasi and Mikir pattern, called *phong-marong*, which is made of cotton dyed red, blue, and white. This custom may have been borrowed from the Khasis. They do not grow their own cotton, but obtain it from the plains. They make their own dyes, *chaugkong* (red) and *kar sai-kong* (black). A cotton cloth, barely enough for purposes of decency, is tied between the legs, the ends being allowed to hang down in front and behind. Sometimes an apron is worn in front. At the present day the men wear knitted woollen caps, generally black or red, of the Nongstoin pattern (a sort of fisherman's cap), but the elderly men and head-men wear turbans. The females wear a cotton cloth about eighteen inches broad round the loins, sometimes striped red and blue, but more often only dark blue. A blue or red cloth is thrown loosely across the shoulders by unmarried girls, but married women only wear the waist-cloth, like the Garos. A cloth is tied round the head by married women, sometimes, Garo fashion. The women wear quantities of blue beads as necklaces, like their Garo sisters. They obtain the beads from the Garo markets at the foot of the hills. Brass ear-rings are worn by both sexes; the women, like the Garos, load their ears to such an extent with brass rings as to distend the holes greatly. Silver armlets are worn by the head-men only, or by those who possess the means to give a great feast to the villagers. This is the custom of the Garo *nokmas*, or head-men. Both sexes wear bracelets. The men also wear necklaces of beads. The rich wear necklaces of cornelian and another stone which is thought by the Lyngams to be valuable. A necklace of such stones is called *u'piang blei* (god's necklace).